



GLOUCESTER & THE FOREST OF DEAN

Adventure into the Forest. Paddle, bike, hike and climb to explore from the Canopy to the Caves below.

DAY 1: THE HISTORIC CITY OF GLOUCESTER

Begin your day with a visit to the Nature in Art Museum & Gallery just north of the city. Set within a fine Georgian mansion, it was the first museum and gallery to be dedicated to art inspired by nature. Explore on your own or join an art taster session here before heading to Gloucester Docks. For the afternoon wander to **Gloucester Cathedral** to look around its incredible cloisters (recognisable as the corridors in Harry Potter's Hogwarts), tower or crypt on a guided tour or on your own. For those looking to delve into Gloucester's history, there are two waterfront museums - National Waterways Museum and The Soldiers of Gloucestershire, to look around before you can head to the shops!



DINNER OPTIONS

With options in both Ross-on-Wye and nearer to Symonds Yat, enjoy contemporary cuisine at the Number 3 Restaurant, a delicious dish at The Moody Cow, retro-styled settings at The Potting Shed, or enjoy seasonal fare at The Saracens Head Inn, an old world timber framed inn.

TOURS & GUIDES

Take a side trip to visit **Gloucester Brewery**, sample their beers or take a tour. Enjoy a boat trip along the river, perfect for a 45 minute introduction to the Victorian docks. **The Gloucester Civic Trust** also run daily guided walks through this magnificent city.



HIDDEN GEMS

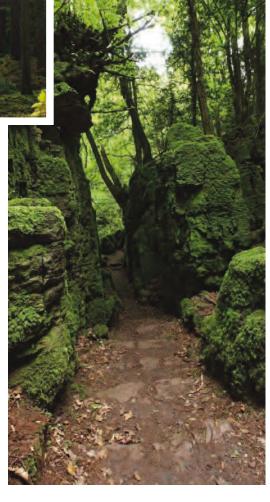
Explore Gloucester from the water up with **SUP Gloucester** – with short stand up paddleboard trips and board hire to full day packages. Find your next adventure at **GoApe** – climbing and swinging between the treetops. Hire a bike from **Dean Forest Cycles**, whether an e-bike, trail, or a mountain bike – or take a guided e-bike tour, to ride through the forests many trails.





DAY 2: EXPLORING THE FOREST OF DEAN

Head into the heart of the Forest, with plenty of active options to explore, suitable for all ages. From wandering around the enchanting and larger than life Forest of Dean Sculpture Trail to exploring the canopy above at GoApe Beechenhurst or Mallards Pike. Delve into the extensive and spectacular Clearwell Caves, a unique space for exploration for all abilities or walk through the ancient Puzzlewood, reminiscent of 'middle earth' with stepping stones, magical rock formations and a maze of willows. Or visit Ross-on-Wye's Market House full of arts and crafts.



BIKE HIRE & GUIDES

If you prefer staying above ground, **Pedalabikeaway** bike hire from the **Cannop Cycle Centre**, provides bikes, coaching and guiding trips and activities.



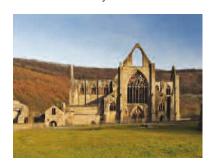
AFTERNOON CANOE TRIP

Take a **canoeing trip** down the Wye, with a variety of companies to choose from, and trips from ½ day to 3 days: **River Wye Canoe Hire**, **Wye Canoes**, **Canoe the Wye** and **Wye Dean Canoe Centre** where you can kayak, climb, abseil, go caving or stand up paddle-boarding as well as canoeing.



HIDDEN GEM

Travel south towards Chepstow to visit **Tintern Abbey**. Founded in 1131 by Cistercian monks and built into a masterpiece of British Gothic architecture, the soaring arches of its nave will take your breath away. Enjoy a pint in **The Anchor Inn** next door, an old stone pub with view of the Abbey.



ACCOMMODATION AROUND THE FOREST OF DEAN

The Forest of Dean area offers a wide range of accommodation options from camping and glamping; hotels and B&Bs to self-catering and YHA, including Whitemead Forest Park, Darnells Farm Glamping, Tudor Farmhouse, The Speech House, The Kings Head Hotel, Inn on the Wye, Forest Barn Holidays, Forest Holidays and YHAs at St Briavels and Wye Valley



DAY 3: BE A FOOD FANATIC IN THE FOREST OF DEAN

Today is all about the local food and drink in the Forest of Dean. Spend the morning at **Harts Barn Cookery School** which have courses for all ages and skill levels. Or, why not try 'the Hillside Experience' at **Hillside Brewery** – enjoy a brewery tour and sample some of their beers or stop for a well earned ale after a day at **Hillside Archery**.



HIDDEN GEMS

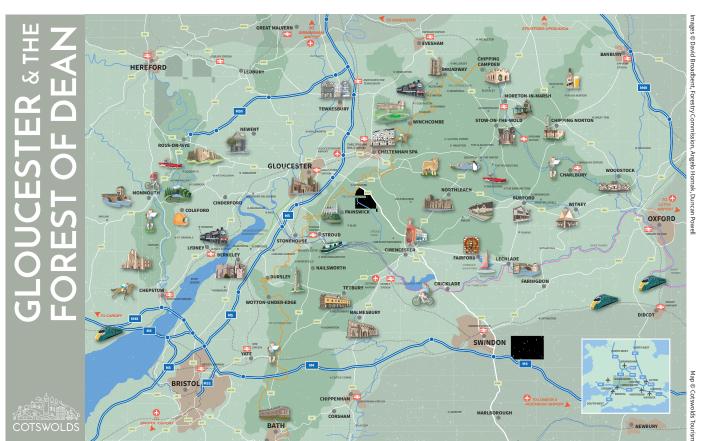
Perrygrove is a fantastic family attraction, a miniature railway offering a great day out on their railway lines, picnic facilities and treetop adventure.



AFTERNOON OPTION

Travel to **Goodrich Castle**, one of the Wye Valley's most iconic historic monuments that has towered over the river since the 11th century. Look out for Peregrine Falcons at **Symonds Yat Viewpoint**, one of the most spectacular views in the Forest of Dean, with RSPB volunteers on hand to help you spot the great variety of birds.









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FOR MORE INFORMATION

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